

Literaturverzeichnis

Sven Steffes-Holländer: Zoom-Fatigue: Was du gegen Onlinemüdigkeit tun kannst

Adam, H. & Galinsky, A. D. (2012). Enclothed cognition. *Journal of Experimental Social Psychology*, 48(4), 918–925. <https://doi.org/10.1016/j.jesp.2012.02.008>

Bailenson, J. (2020). Why Zoom meetings can exhaust us. *Wall Street Journal*.
Verfügbar unter: <https://www.wsj.com/articles/why-zoom-meetings-can-exhaust-us-11585953336>

Fosslien, L. & Duffy, M. (2020). How to combat Zoom fatigue. *Harvard Business Review*. Verfügbar unter: <https://hbr.org/2020/04/how-to-combat-zoom-fatigue>

Jiang, M. (2020). The reason Zoom calls drain your energy (Interview mit Gianpiero Petriglieri). *BBC Britain*. Verfügbar unter:
<https://www.bbc.com/worklife/article/20200421-why-zoom-video-chats-are-so-exhausting>

Rakel, R. (2012). Chapter 12 – Establishing rapport. In R. Rakel & D. Rakel (Eds.), *Textbook of Family Medicine* (8th ed., pp. 146–159). St. Louis, Missouri: Saunders Elsevier.

Rump, J. & Brandt, M. (2020). Zoom-Fatigue – Phase 2. *Institut für Beschäftigung und Employability IBE*. Verfügbar unter: https://www.ibe-ludwigshafen.de/wp-content/uploads/2020/12/Folien_IBE-Studie_Zoom-Fatigue_2-Phase.pdf

Slepian M., Ferber S., Gold J. & Rutchick A. (2015) The cognitive consequences of formal clothing. *Social Psychological and Personality Science*, 6(6), 661–668.
<https://doi.org/10.1177/1948550615579462>

Stahl, A. (2020) Work-from-home burnout: Causes and cures. *Forbes Magazine*. Verfügbar unter:
<https://www.forbes.com/sites/ashleystahl/2020/09/01/work-from-home-burnout-causes-and-cures/?sh=f701411b881e>